



**PEACE**

Please make me  
an Instrument of  
your PEACE  
Amen.



**JOY**

For the JOY  
Of the season  
Pervade my Spirit.  
Amen.

# ADVENT PRAYER

Heavenly Father, heal  
my heart during this  
season of Advent. Help  
me to love more fully.

To forgive more  
generously. To wait  
more patiently for  
Christmas, embracing  
each day and hour  
knowing the joy that  
awaits. In your name I  
pray. Amen



**HOPE**

Lord Jesus,  
Please send Your  
Spirit of HOPE  
Into my heart.  
Amen



**LOVE**

Lord Jesus,  
Please help me  
To love others  
With Your LOVE.  
Amen