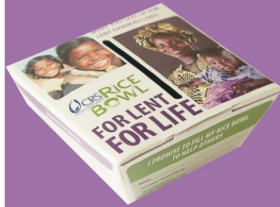


# Month of FEBRUARY

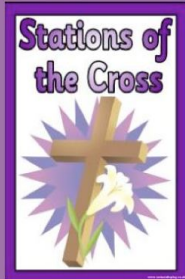


Feb. 14-

Ash Wednesday Mass- 8:30am



Rice Bowls Distributed



Every Friday-

Stations of the Cross-3:00pm

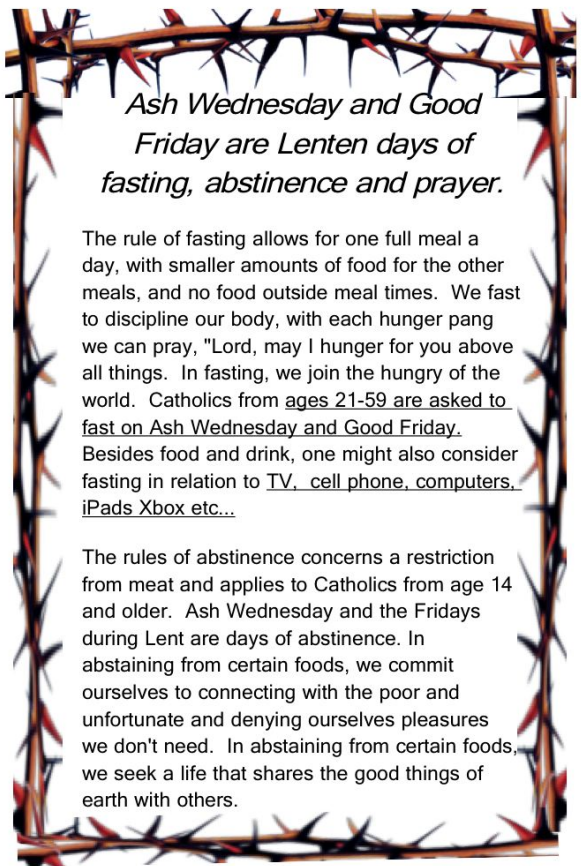


February 28

Reconciliation 6:30-7:30 pm



2018  
St. Stephen Church



*Ash Wednesday and Good Friday are Lenten days of fasting, abstinence and prayer.*

The rule of fasting allows for one full meal a day, with smaller amounts of food for the other meals, and no food outside meal times. We fast to discipline our body, with each hunger pang we can pray, "Lord, may I hunger for you above all things. In fasting, we join the hungry of the world. Catholics from ages 21-59 are asked to fast on Ash Wednesday and Good Friday. Besides food and drink, one might also consider fasting in relation to TV, cell phone, computers, iPads Xbox etc...

The rules of abstinence concerns a restriction from meat and applies to Catholics from age 14 and older. Ash Wednesday and the Fridays during Lent are days of abstinence. In abstaining from certain foods, we commit ourselves to connecting with the poor and unfortunate and denying ourselves pleasures we don't need. In abstaining from certain foods, we seek a life that shares the good things of earth with others.



***A Prayer for Lenten Grace***

Dear God,  
During the sacred season of Lent, bring me closer to you.  
Prepare a place in my home and heart for silence and solitude, so that I may re-discover the grace of a prayer-full life.  
Help me to fast from those things that threaten the well-being of body and soul and remind me of the grace of simplicity.  
Enlarge my heart so that I give to those in need and, in so doing, re-discover the grace of gratitude and generosity.  
May this season be a grace-filled time to rekindle my love for and faith in you.  
Amen




Ash Wednesday Mass, February 14, 8:30 a.m.

**Stations of the Cross**

Fridays of Lent 3:00 p.m.  
(Not Good Friday)  
Commissioned Lay Leader of Prayer



**The Light is ON for You.**   
Celebrate the Sacrament of Reconciliation  
WEDNESDAY, FEBRUARY 28th 6:30-7:30 pm  
Individual Confession Available in the Church

**Communal Reconciliation Service**

Tuesday, March 20th @ St. Rose Girard  
7:00 pm

Attend this service of prayer and forgiveness. Here is an opportunity to join with others to "make reparations for wrongs and shortcomings; a way of reaching out beyond ourselves to strive for peace in our lives and relationships."

**Triduum Schedule**  
**The Triduum begins..**

HOLY THURSDAY , March 29th  
Mass of the Lord's Supper 7:00 p.m.

GOOD FRIDAY, March 30th  
Commemoration of the Lord's Passion 3:00 p.m.

HOLY SATURDAY, March 31st  
Easter Vigil 7:00 p.m.

EASTER SUNDAY, April 1st  
Mass 9:30 a.m.